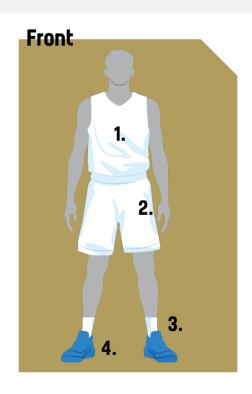


PLAYER'S UNIFORM

GUIDELINES 2022-23 version 2.0

PLAYER'S UNIFORM





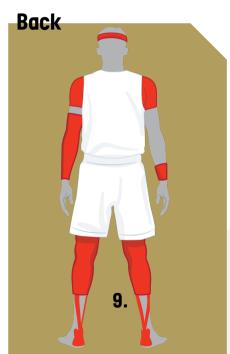
The uniform of all team members shall consist of:

- (1) Shirts and (2) shorts of the same dominant colour.
- ► If shirts have sleeves they must end above the elbow.
- ► The shorts must end above the knee
- (3) Socks of the same dominant colour for all team members. Socks need to be visible.
- ▲ (4) Shoes of any colour combination. No flashing lights, reflective material or other adornments are permitted.

PLAYER'S UNIFORM / ACCESSORIES







The following are permitted:

All players on the team must have all their

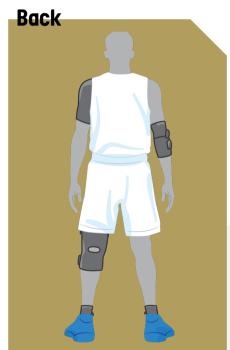
- (5) arm and (6) leg garments, including undershirts* and undershorts, made of compression material
- (7) wrist- and (8) headbands** and
- (9) tapings of the same solid colour.
 - Non-compression shirts (regular T-shirts) are not permitted.
- ** Wearing of scarf-style headbands is not permitted.



PLAYER'S UNIFORM / OTHER EQUIPMENT







The following are permitted in any colour:

- ► (10) Shoulder, upper arm, thigh or lower leg protective equipment if the material is sufficiently padded.
- (11) Knee braces if they are properly covered.
- ► (12) Ankle braces.
- Protector for an injured nose, even if made of a hard material.
- Spectacles, if they do not pose a danger to other players.
- (13) Non-coloured transparent mouth quard.

PLAYER'S UNIFORM





